

# SCOUTING AT HOME AWARD

## RECORD CARD

Name \_\_\_\_\_  
 Group \_\_\_\_\_  
 Section \_\_\_\_\_  
 Completion date \_\_\_\_\_



		<b>network</b>	COMPLETE
SCOUTING SKILLS		<b>Online Programme</b>	Help to organise/run an online programme for your Unit/ District <input type="checkbox"/>
		<b>Knots</b>	Learn 8 knots from the list <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
		<b>Maps</b>	Complete "Map Reading for Beginners". Plot a route you would like to walk of at least 6Km and prepare a route card. May even be able to walk it once you are free! <input type="checkbox"/> <input type="checkbox"/>
		<b>Shout Out for Scouting</b>	Create a 20-second video or animation advertising Explorers/ Network, it could include pictures and/or words and show your favourite activities. They could work in small groups to complete this. <input type="checkbox"/>
COMMUNITY		<b>Caring for Others</b>	Write a letter or card to a local care home. Either to thank the key workers or brighten up the residents/ patients. Parents - please follow the guidance on the link attached. <input type="checkbox"/>
		<b>Caring for your Family</b>	Cook a meal using just 1 ring on your cooker - Just as you would on a Trangia. Only using the one ring you can use 1 frying pan, 1 large saucepan & 1 medium saucepan and your kettle <input type="checkbox"/>
		<b>Care for your Home</b>	Help with the house work - hoovering, washing & drying dishes, polishing, etc. Keep a diary of the chores that you have helped with. - Make your bed everyday for at least a week! - Keep your bedroom tidy for at least a week! - Help outside, either mowing the lawn, cleaning the car. <input type="checkbox"/>
NIGHTS AWAY		<b>Den Building</b>	Build a den (inside or outside) and sleep a night in it. <input type="checkbox"/>
		<b>Mini Pioneering</b>	Using whatever you have to hand (Sticks, breadsticks, pencils). Build a miniature version of a pioneering project (catapults, bridges, towers, etc) <input type="checkbox"/>
		<b>Campfire Songs</b>	Write a new campfire skit - you can build on an existing one that you know. (Look at your favourite TV/ Film sketches) <input type="checkbox"/>
HEALTH & WELLBEING		<b>Three for 3</b>	Write (or draw) three things you're doing to look after your mental wellbeing during this challenging time and share these ideas with three other people. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
		<b>Fitness</b>	Keep a diary or video diary of your daily exercise during Lockdown and try something new each week. <input type="checkbox"/>
		<b>Journal</b>	Write a letter or a video to your future self, include what is the best about being at home, what you are looking forward to after Lockdown. And what will you do differently in the future after this experience. <input type="checkbox"/>
CHALLENGE		<b>County Team Challenges</b>	Complete at least 5 of the County Team Challenges. The County Team will be posting some extra challenges for you all to try out, keep an eye out on our website and Facebook page. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>