



Camp@Home – Suggested Menu Shopping List

The items below are for the suggested menu, based on simple recipes that will work on a fire or the stove.

Camp Fire Pizza

- 1 Tortilla
- 1-2 tbs Tomato pasta sauce (or similar)
- Grated Cheese
- Toppings of your choice

Tinfoil Stew (Per person)

- 1 A big piece of foil
- 100-150g Mince, Quorn mince, diced chicken, burger etc (burger sized piece)
- 1 Potato
- 1 Onion
- 1 Cup Veg (peas, sweetcorn, carrots)
- a pinch of Stock cube
- dash Worcester sauce or ketchup
- a pinch of seasoning (Piri Piri, steak seasoning, Chilli, Salt & Pepper etc)
- splash water

Chocolate Orange Brownies

- 180g Self-raising flower
- 135g Muscovado/Brown Sugar
- 135g Hot chocolate Drink mix
- 3 small pinches of sea salt
- 45ml Sunflower Oil
- A handful of Chocolate chips (broken chocolate)
- 45ml Orange Juice
- 3 Eggs
- 6 Large Oranges
- 1 Squirty Cream (optional)

Snack Art

Have fun with healthy fruits and vegetables and make some art before you eat it

- Take your pick.....

Banana Boats

- Bananas (At least 1 each!)
- Strawberries, Raspberries etc
- Chocolate, Nutella etc
- Marshmallows, Sprinkles, Nuts etc

S'mores

- Digestives, Rich Teas etc (Chocolate coated are best!)
- Marshmallows

Breakfast suggestions

- Take your pick.....
 - Fry up Sausages, Bacon, Eggs, Toast
 - Eggy Bread scrambled egg mix, dip bread in it and then fry in a hot pan
 - Porridge
 - Pancakes
 - Croissants, Brioche, pain au chocolat etc
 - Dutch bread Butter bread and then add sprinkles. It can also be served with yoghurt and fruit.