

How to make the poppy



1.

Start with the piece of red paracord and use it to tie a two strand sailor's knot (some people call this a 'turk's head knot').

If you're not sure how to tie this knot, check out the link below for a simple step-by-step guide.



2.

Once you've tied the sailor's knot, flatten it out keeping both loose ends on one side of the knot. Pull the sides out so that you create a hole in the centre.



3.

Cut the extra loose cord. Ask an adult to burn seal the two ends together or use sticky tape.

Remember that the cord will stay very hot for a while if you burn seal it; don't touch it until it's safe.



4.

Take the black cord and tie a lanyard knot.



5.

When you've finished the knot, carefully thread the loop through to create a button shape. Make sure that the top loop doesn't go through the knot or it'll unravel.



6.

Get the green cord and tie a cobra lanyard knot. Cut the extra cord that's left over. Ask an adult to burn seal the ends or use sticky tape.

Be careful not to touch the hot cord if you've burn sealed it.



7.

Now everyone should have three knots. Take the loose ends of the black lanyard knot and thread them through the centre of your red, flattened, sailor's knot.



8.

Then thread the same ends of the black cord through the loop in the green cobra knot.



9.

Pull all three knots to the end of the cord with your lanyard knot and tie a simple knot to keep them all together. Trim the excess black cord and ask an adult to burn seal the ends to keep everything in place.

Let the hot cord cool down before you touch it.



10.

Congratulations, you've crafted a paracord poppy! You could tie it to a safety pin to wear on your uniform, or add it to a wreath or other display.